

Stats

100+

EMAIL
SUBSCRIBERS

800K+

PINTEREST
MONTHLY
VISITORS

1.0K+

BLOG
MONTHLY
PAGE VIEWS



Alessia Maria | Eunoia, LLC

About Eunoia

Eunoia was founded in 2021 as a response to a transformative personal journey triggered by a rare disease. This experience gave me the passion to be voice that I had sought during that period, and thus, Eunoia was born.

Today, Eunoia stands as a multifaceted platform, encompassing a podcast, website, and a nurturing online space—a refuge for authentic conversations, shared thoughts, and reflections on the intricacies of life. Our mission at Eunoia is to serve as a reminder that perfection is an illusion. Through our collective experiences, we aim to foster a community that not only embraces imperfections but also cultivates inner peace by connecting with the genuine essence of oneself. Eunoia exists to inspire and guide individuals towards self-acceptance, emphasizing that the journey towards personal growth is a shared endeavor, and no one truly has it all figured out.

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